

Southern Lakes Park & Recreation Aquatic Fitness Calendar

~ January 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pool closed	3 Pool re-opens Lap swim: 7:00-9:00 pm	4 Lap swim: 8:30-am-noon	5 Lap swim: 8:30 am-noon Lap swim: 7:00-9:00 pm	6 No Friday Night Open swim, due to an aquatic staff in-service training	7 Lap swim: 8:00-10:00 am
8	9 Lap swim: 11:00 am-2:00 pm Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	10 Lap swim 7:00-9:00 pm	11 Lap swim: 8:30 am-noon Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	12 Lap swim: 8:30 am-noon No PM lap swim, due to a HS swim meet	13 Friday Night open swim: 7:00-9:00 pm	14 Lap swim: 8:00-10:00 am
15	16 Lap swim: 11:00 am-2:00 pm Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	17 Lap swim: 7:00-9:00 pm	18 Lap swim: 8:30 am-noon Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	19 Lap swim: 8:30 am-noon No PM lap swim, due to a HS swim meet	20 No Friday Night Open swim, due to HS Swim Meet.	21 No lap swim, due to HS swim Meet
22	23 Lap swim: 11:00 am-2:00 pm Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	24 Lap swim: 7-9:00 pm	25 Lap swim: 8:30 am-noon Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	26 Lap swim: 8:30 am-noon No PM lap swim, due to a HS swim meet	27 Friday Night Open swim: 7:00-9:00 pm	28 Lap swim: 8:00-10:00 am
29	30 Lap swim: 11:00 am-2:00 pm Senior Splash: 11:00 am-noon Aquacize: 8-9:00 pm	31 Lap swim: 7:00-9:00 pm	Notes: Contact the pool office at (810) 591-2622 or email jhaney@slpr.net to contact Jessica Haney, Aquatics Director. Water Fitness Classes: \$5.25/visit, or visit www.slpr.net to register for classes. Lap Swim/Open Swim: \$3.25/visit or \$55 (\$60 non-residents) for 20 visits			

*Please Note: Due to constraints on pool space, Monday and Wednesday pm lap swimming will not be on our aquatic calendar until Wednesday, February 23.

*Daytime participants must park in the Visitor's parking lot (follow the signs off of Donaldson Blvd), and be buzzed in at the doors directly in front of the parking lot. The doors closest to the tennis courts will be locked.

